

St. Matthew's Church of England Primary School

Believing Achieving Succeeding



Autumn 3

www.stmatthews.kingston.sch.uk

E-Safety Tip

Once it's on the INTERNET, there's no undo button!

Current Worship

God's creation

Values: Beauty and appreciation

Photography Competition

The theme for this year's Photography Competition is 'Where I Live'. Take one spectacular photograph and submit by Friday 19th October 2018.

The two winners and runners up will be announced in a whole school assembly.

NSPCC Visit

All children from Year 6 enjoyed a morning of assemblies and workshops delivered by the NSPCC. We hope that the children heard the important messages of being safe and who they can approach if feeling unsafe.

Newspapers

We would appreciate it if you could please bring in old newspapers to your class teachers for art.

Class Blogs

We hope you are enjoying reading your children's class blogs.

FOSMPS Christmas Banner Design

We would like the children to design the banner for the FOSMPS Christmas Fair (which will be on 1st December). This would make an excellent activity for the half term holiday. Entries need to be returned by the first day back after the holiday (Monday 29 October)

Royal Star and Garter Harvest Service

Last Thursday a group of children from Bible club participated in this lovely service. Reports from the Home was "the room was filled with feelings of gratefulness, hope and joy especially as the children were there making it so special. The songs were great and the poems were very cleverly displayed, very impressive."

Harvest Service at St Matthew's Church



Parents and carers are invited to join us for our Harvest Festival Service at 9.30am on Thursday 11th October at St. Matthew's Church.



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Nut Free School

Please remember that we are a nut free School.

Jeans for Genes Day

Thank you for your generous donations for Jeans for Genes Day. A grand total of £373.35 was raised.

FOSMPS AGM

The AGM of FOSMPS will take place at 7pm on 18th October in the school hall.

Please note that free pizza and drinks will be served from 6.30pm.

Free School Meals

If your child is in Reception or in Year 1 and 2, they are automatically entitled to 'Universal Free School Meals'. However, if your child is in Years 3 and above, they may also be entitled if you receive any of the following (provided that you complete the form on Kingston Council's website). Please go to www.kington.gov.uk and search for Free School Meals and submit your application.

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit – If you apply on or after 1st April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

Tips for a healthy lunchbox

Nutritional Therapist, Amanda Ashy-Boyd, recognises that packing healthy lunches can be challenging, but urges all parents to "give children food that they know and love, and most importantly give them food that is **real**." Include a good source of protein to help keep their blood sugar balanced, which will help to keep their attention focused. Also, make sure they get their vegetables like sweetcorn, carrot or cucumber, which provides fibre and hydration. Keep it healthy at lunchtime, and they will thrive for the rest of the day.

Please check our school website for more helpful ideas.

